

Slough Wellbeing Board – Meeting held on Wednesday, 10th May, 2017.

Present:- Councillor Hussain (Chair), Naveed Ahmed (Vice-Chair), Cate Duffy, Ramesh Kukar, Dr Jim O'Donnell, Lloyd Palmer, Roger Parkin, Rachel Pearce, Judith Wright(deputising for Lise Llewellyn), Alan Sinclair and Superintendent Wong

Apologies for Absence:- Nicola Clemo, Les O'Gorman and Colin Pill

PART 1

64. Declarations of Interest

No declarations were made.

65. Minutes of the last meeting held on 29th March 2017

Resolved- That the minutes of the meeting held on 29th March 2017 be approved as a correct record

66. Action Progress Report

An Action Progress Report was considered which would assist the progress of actions agreed at previous meetings. The Board welcomed the addition of the report for future meetings.

Resolved – That the report be noted.

67. Memorandum of Understanding (MOU) setting out an integrated approach to identifying and assessing the health and wellbeing needs of carers

The Board received a report from Sally Kitson, Market Development Manager (ASC) that sought the endorsement for the 'Memorandum of Understanding (MOU) – An integrated approach to identifying and assessing carer health and wellbeing.'

Members were provided with an overview of how the MOU intended to support implementation of an integrated approach to the identification and assessment of carer's health and wellbeing needs across Slough. The MOU had been developed to endorse the seven underlying principles to support the Five Year Plan and the Carer's Strategy.

The following is a summary of the key points made that were raised during the course of the discussion:

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- The Board discussed that there should be a clear focus on encouraging “self-care” through digital platforms.
- Partners should be encouraged to provide online content which could signpost information relating to “hidden carers” through partnership working arrangements and nationally through partners such as NHS England.
- That the MOU should work in line with the Carer’s Strategy and should support delivery of this through a joint approach. This could encourage wider a partnership strategy in the future.
- The board would like to see outcomes and uptake of signed statements of commitments at local events that are due to be held and would find this to be a useful benchmarking tool.
- Information relating to the MOU should be circulated to local businesses.

Resolved –

- (a) That the report be noted and that the actions agreed to be progressed.
- (b) That all board members are in agreement with the report and its recommendations and endorse the MOU.
- (c) That the MOU template will be used for local health and wellbeing boards to encourage engagement from local partners to commit to work together to improve outcomes for carers.
- (d) The MOU will seek to support delivery of the carer’s strategy and possible implementation of a wider partnership strategy in the future
- (e) That the MOU will be subject to annual review
- (f) Feedback to be given to the board after the local event is held

68. SPACE Annual Report 2016

The Board received a report on the work of Slough Prevention Alliance Community Engagement (SPACE) during 2016 and to highlight the key achievements of this voluntary sector partnership.

Members were provided with an overview of the range of work undertaken by the partnership. The presentation outlined the information and advice that the

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services have provided. There are currently 59 charities and community groups under the SPACE umbrella and 31 are directly funded by SPACE. The outputs and achievements highlighted within the report was restricted to the 31 directly funded charities and to service outputs delivered as part of their contract. There were two notary points from the report that led to discussions from the board, which included 'Wellbeing Prescribing' and 'Self help models'

Comments that were discussed as a result of the report are as follows:

- There should be expansion beyond GP only referrals into the SPACE services
- The members thanked and appreciated the good work of the Consortium
- There are clear opportunities outlined and case studies to reinforce prevention before crisis, and a clear focus on utilising primary care.
- SPACE is a good working example of SBC & NHS working together to deliver outcomes. The report has shown that there is a good evidence base to work forward from.
- A focus upon aligning the STP, Slough Wellbeing Board and Health Scrutiny Panel's ambitions with the Hub strategies could benefit in better outcomes.
- Some members perceived satisfaction to be lower than expected at 47%, however it was explained that there have been challenges managing expectations of clients and perceptions of what they believed they would achieve opposed to realistic outcomes and interventions.
- There is clearer evidence relating to preventions in the wider community and this was welcomed.

Resolved – (a) The report was noted and comments and views are taken on board

(b) Comments from the board indicate that this could come back on the agenda at a future meeting after some work has been done at the Hubs with service level providers, joint up approaches are utilised and pathways/referrals for residents has widened.

69. Planning for the 2017 Partnership Conference

The Head of Policy, Partnerships and Programmes, Dean Tyler presented a report in relation to planning for the Partnership Conference 2017 to the Board for comment and consideration. The report outlined ways in which the Board could discuss and agree arrangements to plan for the 2nd Slough Partnership

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Conference on the 21st September 2017 at The Curve. The report included information in relation to a mini workshop that will be held on the 14th June 2017 to review the effectiveness of the Board's ways of working. It was noted that there is a financial cost attached to the annual conference which is estimated at around £650.00. This would include the cost of hiring the Curve plus catering. The Board does not have a budget and this cost needs to be considered in planning the conference. It was explained that there will be approximately 140 prospective invites to be sent out and that Amanda Renn (Corporate Policy Officer) holds the invitee list.

Various suggestions were made from members and were welcomed to be part of the mini workshop being held on the 14th June 2017. The workshop will look at new ways of working as set out in July 2016 and also provides an opportunity to plan the conference in more detail. The workshop and conference will also provide a platform to progress joint working around community engagement. There will also be a chance to look at common issues emerging for all partners and communities from the Sustainability and Transformation Plan. The board are positive for the conference to be a success and will confirm their attendance.

Resolved-

- (a) That members of the Board will forward any items or suggestions for discussion to the Head of Policy, Partnerships and Programmes before the mini workshop.
- (b) That the Board hold a workshop session in June to highlight the issues mentioned within the meeting

70. Frimley Sustainability and Transformation Plan (STP) integration update

The Director of Adult Social Care, Alan Sinclair presented a report to the Board- Progress update on the Frimley Health & Care Sustainability and Transformation Partnership Plan (STP). The purpose of the report was to provide the Board with an update in relation to the delivery of the plan and its potential governance arrangements that may emerge as the STP develops. The report also highlighted the role in which the Board could have in ensuring local STP delivery and accountability. The report made clear that the priorities reflected the need to improve the health and wellbeing of the population under The Slough Joint Wellbeing Strategy, JSNA and the Five Year Plan.

The report also highlighted the need of the STP meeting the priorities within the Joint Slough Wellbeing Strategy 2016-2020 priorities, which primarily focus on; protecting vulnerable children and young people, improving healthy life expectancy, improving mental health wellbeing. The STP will meet those needs by delivering across five priority areas, which are set out within the report. It was reported that since the last meeting, that the sustainability and transformation n fund bids across the following prescribed areas have all been successful; Cancer, Mental Health, Diabetes and Learning Disabilities.

The report discussed the seven STP work streams that are established and are at various stages of development.

Resolved –

- a) That the information report be noted.
- b) The Slough Wellbeing Board is asked to note the good progress being made since its last meeting and comment on the suggested changes for the governance arrangements of the STP and the potential future role for the Board.
- c) A summary report to be heard at a future meeting regarding all CCG's within the STP plan
- d) To circulate the condensed A4 STP plan to all board members
- e) Progress of the STP work streams will be reported at future meetings

71. Increasing life expectancy by focusing on inequalities

The Board considered a report that discussed Increasing life expectancy by focusing on inequalities by Rebecca Howell-Jones (Consultant in Public Health.) The report outlined the current situation and for input to be provided to the strategic direction, partnerships and activities to address the inequalities in life expectancy in Slough.

Members were provided with an overview of various health and lifestyle indicators which could prevent deaths within the borough by the use of early intervention practices. The report focussed on a conceptual model of public health and summarised different burdens that affect the locality. The report put these differing levels of health factors alongside the pathways health practitioners, partners and members of the board currently use. It also highlighted the Slough Joint Wellbeing Strategy, the JSNA and the Five Year Plan by seeking to identify the inequalities across populations and targeting those individuals who are most at risk of poor health and wellbeing outcomes. The report enforces the Five Year Plan to achieve one of its key actions under outcome 2; "our people will become healthier and will manage their own health, care and support needs".

The Board discussed the report in detail and that there should be a clear focus on a few health determinants as highlighted in the report. The board discussed critical points and where there could be challenges in tackling inequalities across the borough. A focus was made on delivering better outcomes through looking at all pathways in all areas to deliver on a few key areas where outcomes could be improved. The board noted that great changes had been made over the past 4-5 years and that previously deprivation within Slough had been within the top 10% and lower 10% of statistics. Currently the board reports that there are no families affected by deprivation in the top 10%.

The board focussed their discussion upon cardio vascular health and stroke prevention. They noted that mortalities could be prevented if more work was

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done in this area for the under 75's. The total average for mortalities under 75 years old is 10% within Slough (below the national average) and was previously 15%. The Board acknowledged that some work could be carried out to provide early diagnosis and in facilitating healthier lifestyles.

The Board also discussed that they should draw their attention to children's health in primary schools. The Board discussed that a lot of positive work is being carried out in schools currently but that more preventative, long term would could be beneficial. The Board also commented that schools have a strong focus upon healthy eating in schools and that there should be a clear evidence base that shows the impact of childhood obesity in the locality rather than schools specifically.

Resolved: -

- (a) For the board to consider and prioritise a smaller number or priority areas which could provisionally include child obesity within primary schools focussed through the STP.
- (b) A report relating to health determinants within the CCG's under the STP specifically to be presented to the board at a future meeting.
- (c) Further report back for future meetings which sets out the key health areas which require some improvement, or what is doing well within the borough and what we could progress on

72. Forward Work Programme

The Slough Wellbeing Board Forward Work Programme for the period between July 2017- November 2017 was reviewed. The Board considered the report and no further comments were made. The Board were reminded of the additional workshop planned for June 2017 in preparation for the annual partnership conference to be held in September 2017.

The Board discussed the role of the Slough Youth Parliament (SYP) at a future meeting and that it would be useful to ask them to present upon the value that they may bring the meeting in line with partnership working.

Resolved-

- (a) That the work programme be agreed.
- (b) That the Slough Youth Parliament be invited attend a future meeting which would provide members with a chance to ask questions and discuss the SYP's role within the board and affiliated targeted youth participation.

73. Slough Wellbeing Board Annual Report 2016/17

The Board was presented with the Slough Wellbeing Board's Annual Report for 2016/17 so that it could be recommended to full Council at its meeting on the 25th July 2017. The board had been presented with the report previously and it outlined the Slough Joint Wellbeing Strategy (SJWS) 2016-2020 priorities and the Five Year Plan 2017-2021 outcomes. The report also outlined other possible implications which included issues such as finances, risk management, the Human Rights Act and other legal implications, Equalities impact assessment. The report was also presented to the Health Scrutiny Panel on the 27th March. Panel members of this panel asked for their comments to be addressed and for some specific case studies to be developed in the wider context of developing an evidence base that the Board could use to communicate its achievements to the people of Slough. The previous comments were addressed from both the Slough Wellbeing Board and Health Scrutiny Panel.

The annual report provided that publishing an annual report will provide the Wellbeing Board with an opportunity to promote its work. It will also demonstrate the practical progress that has been made in delivering its statutory functions and against each other with the strategic priorities in the Wellbeing Strategy. The annual report will also identify some of the emerging challenges and opportunities that will influence the work of the Wellbeing board moving forward.

Resolved – (a) That all board members are in agreement with the report and its recommendations and that as agreed it shall progress.

74. Attendance Report

That the attendance report be noted

75. Meeting Review

The Board reviewed key outcomes from the meeting and learning points for future meetings.

76. Date of Next Meeting

The date of the next meeting was confirmed as 19th July 2017.

Chair

(Note: The Meeting opened at 5.07pm and closed at 7.28pm)